**MRN:\_\_\_\_\_\_\_\_\_­­\_\_\_\_\_\_ Client Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Risk-Factor Scoring Guide for Nurse Use Only**

Hospitalizations/ER Visits

0 = No hospitalizations/ER visits in last 6 months

1 = 1-2 hospitalizations/ER visits in last 6 months

2 = 3-4 hospitalizations/ER visits in last 6 months

3 = 5 or more hospitalizations/ER visits in last 6 months

Hospital/ER Total\_\_\_\_\_

(1-3)

Medical Conditions/Diseases:

***Hypertension***

0 = BP ≤ 120/80 mmHg (Healthy BP)

1 = SBP 120-139, or DBP 80-89, **or** HTN controlled with medications  
2 = BP >140/>90 (High BP)

***CAD/High lipids/High cholesterol/PVD/CHF***

0 = Does not have these conditions

1 = Diagnosed with 1-2 of these conditions, and *is taking* medications for treatment

2 = Diagnosed with one or more of these conditions, and *is* *not* *taking* medication as prescribed for treatment

3 = Diagnosed with 3 or more conditions; taking/not taking medication

***Asthma/Bronchitis***

0 = Does not have this condition

1 = Diagnosed with one of these conditions and *is on* acorticosteroid inhaler

2 = Diagnosed with one of these conditions and *is not on* a corticosteroid inhaler

***COPD/Emphysema***

0 = Does not have either condition

1 = Diagnosed with this condition and *is on* a bronchodilator inhaler

2 = Diagnosed with this condition and *is not on* a bronchodilator inhaler

***Diabetes***

0 = Does not have this disease; fasting blood glucose <100 mg/dl

1 = Fasting blood glucose 100-125 mg/dl (Pre-diabetes)

2 = Fasting blood glucose 126-249 mg/dl;

**or** DM controlled with medications

3 = Fasting blood glucose > 250;

**or** uncontrolled diabetes;

**or** does not take medications properly

***Body mass index***

0 = BMI 18.5-24.9 (Healthy)

1 = BMI <18.5 (Underwt.) or 25-29 (Overwt.)

2 = BMI >30 (Obese)

3 = BMI >40 (Morbid Obesity)

Medical Condition/Diseases-Total: \_\_\_\_\_\_

(0-15)

Life-style choices:

­­­

***Tobacco Smoking or Use***

0 = Never smoked

1 = Used in the past, but not now

2 = Uses occasionally

3 = Currently uses daily

***Alcohol use***

0 = Denies using alcohol

1 = Used alcohol in past, but not now

2 = Acknowledges using alcohol

3 = Uses alcohol daily

***Recreational Drug use***

0 = Denies using recreational drugs

1 = Acknowledges using recreational drugs in the past, but no longer

2 = Acknowledges using recreational drugs currently

***Exercise***

0 = Exercises greater than 5 times per week

1 = Exercises 3-5 times per week

2 = Exercises 1-2 times per week

3 = Does not exercise

Life-style choice-Total: \_\_\_\_\_\_

(0-11)

Medications: Second-Generation Antipsychotics

0 = Not taking any first-generation or second-generation antipsychotics

1 = Taking Aripiprazole (Abilify), Ziprasidone (Geodon), or first-generation antipsychotics

2 = Taking Risperidone (Risperdal), Invega (Paliperidone), Quetiapine (Seroquel), atypicals not listed

3 = Taking Clozapine (Clozaril) or Olanzapine (Zyprexa)

Medications-Total: ­\_\_\_\_\_\_

(Add if taking more than one) (0-12)

Overall Total (Add all four subtotals): \_\_\_\_\_\_

(0-41)

Risk Score

Level III – High risk, score of 20 or greater

Level II – Medium risk, score of 10 -19

Level I – Low risk, score of 0-9