Client \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_HHART Score\_\_\_\_\_\_\_\_\_\_\_\_CGAF\_\_\_\_\_\_\_\_\_\_\_Date \_\_\_\_\_\_\_\_\_\_\_

**HHART- Healthcare Home Assessment for Risk Tool**

**Identified Health Conditions**: Scoring: (0 = no conditions diagnosed; 1 = one of the four conditions diagnosed; 2 = two of the four conditions diagnosed; 3 = three of the four conditions diagnosed; 4 = four of the four conditions diagnosed)

\_\_\_\_\_\_ Diabetes present +1

\_\_\_\_\_\_ COPD/Chronic Bronchitis/Emphysema/Asthma present +1

\_\_\_\_\_\_ Congestive Heart Failure/Hypertension/Peripheral Artery Disease/Coronary Artery Disease present +1

\_\_\_\_\_\_ Hyperlipidemia present +1

**A.** ***Total:*** \_\_\_\_\_\_\_ (Score Range from 0-4)

**B.** \_\_\_\_\_\_\_**Diabetes: Score Range from 0 – 3 A1c \_\_\_\_\_\_\_\_\_\_ Glucose \_\_\_\_\_\_\_\_\_\_\_**

0 = A1c Normal range 4.5 – 5.7; or non-diabetic with glucose < 100; or does not have this condition

1 = A1c Pre-Diabetes range 5.8 – 6.4; or non-diabetic with glucose >= 100

2 = A1c Diabetic range 6.5 – 7.5

3 = A1c Diabetic high range > 7.5

**C.** \_\_\_\_\_\_**COPD/Chronic Bronchitis/Emphysema: Score Range from 0-2**

0 = Does not have this condition

1 = Diagnosed with this condition and on bronchodilator inhaler

2 = Diagnosed with this condition and not on bronchodilator inhaler

**D.** \_\_\_\_\_\_\_ **Asthma: Score Range from 0-3**

0= Does not have this condition

1= Diagnosed with this condition and on a short acting bronchodilator (rescue inhaler)

2= Diagnosed with this condition and on a short acting bronchodilator AND a long acting corticosteroid inhaler

3= No inhaler prescribed

**E.**  \_\_\_\_\_\_\_**Congestive Heart Failure/Hypertension/Peripheral Artery Disease/Coronary Artery Disease: range from 0-2 BP\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_**

0 = Blood pressure is in normal range for systolic AND diastolic < 140/90; or does not have this condition

1 = On medication to control blood pressure and pressure is elevated for systolic or diastolic >140/90

2 = Not on medication to control blood pressure and pressure is elevated for systolic or diastolic >140/90

**F.** \_\_\_\_\_\_\_**Hyperlipidemia: range from 0-3; Use the Total Cholesterol to HDL ratio: Total Cholesterol/HDL= Risk for Heart Disease (i.e. Total Cholesterol 188; HDL 32: 188 divided by 32= 5.875)**

**\_\_\_\_\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_=\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

0 = < 3.5 Less Than Average Risk for Heart Disease

1 = < 3.5 Less Than Average Risk for Heart Disease and on a statin

2 = 3.5-5.0 Average Risk for Heart Disease

3 = >5.0 Greater than average Risk for Heart Disease

**Additional Health Risks:**

**G. Tobacco:** \_\_\_\_\_\_\_ **Tobacco Use Score (Score Range from 0-2)**

0 = Non-tobacco user

1 = Some days tobacco user

2 = Daily Tobacco Use

**H.** **Weight:** \_\_\_\_\_\_\_ **Weight Score (Score Range from 0-2)** **BMI\_\_\_\_\_\_\_\_\_\_ WC\_\_\_\_\_\_\_\_\_\_**

0 = Normal BMI <25 and Waist Circumference </= 35” for females and </= 40” for males

1 = BMI 25-29 AND/OR Waist Circumference > 35” for females and > 40” for males

2 = BMI > 30

1. **Hospitalizations:** \_\_\_\_\_\_\_  **(Score Range from 0-3)**

0 = No hospitalizations in last 6 months

1 = 1-2 hospitalizations in last 6 months

2 = 3-4 hospitalizations in last 6 months

3 = 5 or more hospitalizations in last 6 months

***Scoring:***

***Score A above***: \_\_\_\_\_\_\_\_ (Score Range from 0-4)

***Add Scores B- I***: +\_\_\_\_\_\_\_\_ (Score Range from 0-20)

***Total of all Scores A-I*** : \_\_\_\_\_\_\_\_ (Max Score 24)

Healthcare Home: Forms for HCH/Health Care Risk Consultations form/HHART Healthcare Home Assessment for Risk Tool Revised 8-18-16